Dear (Dr. insert name here),

 I would like to share with you a positive experience I had while I was in your care. As you know, I have had hearing loss for (insert number here) years. It has been a condition that has greatly affected my ability to participate in conversations, hear background information, and navigate the hearing world.

 The stress I feel from hearing loss changes, based on the situation, but can start to really get to me. One of the things that helps my hearing loss stress is when I feel understood, and feel I have some tools to help me deal with my hearing loss. I want you to know that when I met with you on (insert date here), I felt understood.

 I have recently come to understand a term called “transformative power.” This term, as explained by Dr. Michael Harvey\*, means as my audiologist, you have the opportunity to connect with me and build trust with me as I share my hearing loss struggles. As you provide warmth, knowledge, and good advice, I have the opportunity to try out your suggestions. When I follow these recommendations, and when they help change how hearing loss affects me, I experience a transformation. This transforming power allows me to be more successful in the hearing world.

 Thank you for your time, attention to my needs, warmth, and recommendations. Thank you for accessing your transformative power to help me live a happier and more productive life.

Sincerely,

(Insert name here)

\*Harvey, Michael A. “The Transformative Power of an Audiology Visit.” The Hearing journal 53.2 (2000): 43–47. Web.