

The Therapy Office

Accommodations List*

Mark or highlight the items that would be helpful for you and share them with your therapist.

Inform the therapist-

- How you prefer to communicate (e.g. oral speech, lip reading, sign language, CART, etc).
- If you need shorter sessions or a break mid-session.
- They can speak at a natural volume and speed, but use short sentences.
- To expect that it may take longer to clearly communicate with you
- That you will use a captioning app in your session (app suggestions on hearinglossimpact.com)

Ask the therapist to-

- Maintain eye contact with you, and if they need to look down to write, that they do not talk at the same time.
- Use visual aids (e.g. drawings on the white board)
- Position their chair so that they are not directly in front of a window or light source.
- Check in with you on listening comprehension (e.g. to ask an open ended question about what was just discussed)
- Write down instructions, next appointment dates, or other important information discussed in the session
- Have a computer screen available for captions (how-to guide on hearinglossimpact.com for directions.)

*Adapted from Reshawna L. Chapple (2019) Culturally responsive social work practice with D/deaf clients, *Social Work Education*, 38:5, 576-581, DOI: 10.1080/02615479.2019.1595569 and Scoresby, Kristel et al. "Teaching Note-Turn on the CC: Increase Inclusion for All Your Students." *Journal of social work education ahead-of-print*.ahead-of-print (2022): 1-11. Web.